



CALGARY ASSOCIATION OF SELF HELP

Managing Mental Health Together

**Calgary Association of Self Help
is selling Art Cards to sustain
our unique Art Program,
and the Artists who
rely on the program for
their mental wellness.**



1 Art Card 1:
Mother and Child by Brian Pawlak



Art Card 3:
Celtic Burial by Ivan Gibson

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2 Art Card 2:
Sunflowers by Jesus Nuñez

Art Card 4:
Violet Mood by Ivan Gibson



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Three 4 x 6 cards & envelopes \$5.00
cash, cheque, Visa or Mastercard

**To purchase your
Art Cards please
contact:**

maria.kadatz@calgaryselfhelp.com
266-8711 extension 247
or drop by our office at
1019 7th Avenue SW
Calgary, AB T2P 1A8